Royal North Shore Hospital

Physiotherapy Assistant

Oana McBride

What was I employed to do

- The Walk Assist Program
- This program aims to maintain or improve the pts ability to walk whilst in Hospital
- Research shows that after three days in hospital muscles begin to weaken, making walking more difficult

How does WAP run

- Who refers pts to WAP
- Pt population
- Treatment
- Assessment tool
- Purpose

QA Project

- Is there a group of patients that most benefit from the Walk Assist Program?
- Problem Identified: We know WAP works as shown by TUG improvements
- There is often a waiting list for pts onto WAP

Current Role

- Staff changes
- WAP has now been split between 2 assistants
- Flexible
- Work mainly with the neurology and neurosurgical physiotherapists
- Learning about neurology and neurosurgical pts
- On occasion working in orthopaedics and any other area of the hospital including burns and even ICU

Getting Involved in the Department

- OH&S Committee
- Manual Handling Resource Person
- Gold Standard Hand Hygiene Auditor
- THE MORE YOU GET INVOLVED THE MORE INTERESTING YOUR JOB BECOMES…..

Have a
Great
Thursday!
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