

# Senior's Week



Contributed by: Gemma Blok (on behalf of the Senior's Week Working Party)

Staff and senior clients of Coorabel "Lived Life" in response to the theme of Senior's Week (April 6-13). The week kicked off with some show-stopping numbers performed by "Show Ponies" and Co. (courtesy of Sue McIntosh).

"Dean Martin" crooned to the ladies, while "Marilyn Munro" set blood pressure soaring among our senior male clients. Walking frames were set aside to tap along to the charleston and senior's and staff alike sang "Che sera sera" in tune with "Doris Day".



The event took place in the Coorabel dining room which was decorated in party mode (thanks to Santina and others) including flower arrangements (thankyou Judy Walker). During the entertainment our seniors were treated to a gracious morning tea (courtesy of Morris and staff). The culinary centerpiece was a superb chocolate mud cake supplied by our social worker (Chris) and baked by his partner (the Iron Chef). Replete with the Live Life logo in lime green and white icing sugar, it seemed a shame to cut. Nevertheless Noreen and Dr Marcus did the honours and saluted our seniors.

The party shifted down a gear and continued throughout the week with movies, bingo, games and more sweets organised by our rec. therapist (Suzanne). No hips were fractured in the staging of this event. Our seniors were acknowledged, entertained and Lived Life!

## Full Circle



Sheila Kumar completed her nursing studies at Royal Rehab in 1998/99 and then began training as an actor at the Australian Academy of Dramatic Art.

Sheila returned to Royal Rehab on Tuesday to play the lead acting role as a nurse for a television commercial. During a break in filming, Sheila re-visited Coorabel and the Brain Injury Unit, and happily posed for a photo with Sarah Fereday during a visit to the Physio Gym. While Sheila's life may have gone a full circle, she did assure everyone that she was still registered as a Nurse and may yet return to nursing!

Filming for the commercial was done in the Dixon Wing, and involved a cast of 29 actors and extras, and more than 20 crew. Christine Wyness worked as a consultant with the Production to advise on the set design for the Nurses Station and the Ward, and to arrange props.



## Farewell Loraine

## Welcome Maxine



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18/04/08