

Paddler takes up challenge to help his father

ANTHONY Abrahams sets out on Tuesday, September 13, to paddle a kayak 200km down the Murray River – a challenge a loving son has dedicated to his father.

Tony Abrahams senior received spinal injuries after being dumped in the surf at Manly Beach in January and is in a wheelchair.

He began an intense program at the Royal Rehabilitation Centre's spinal injury unit in March.

Occupational therapists and physiotherapists are preparing

him to adapt to his new life in the wheelchair.

They are also working with him to modify his home in Eastwood and improve his mobility.

He is very active and making good progress in the gym.

And while he is building his muscle strength, son Anthony who lives in Putney, is training for his expedition, which he has called Paddle for Pop.

The 200km journey will take two days and finish at Robinvale

where he and friends they will hold a fundraising event to support the Royal Rehab's spinal injury unit.

How to help

DONATIONS to the Paddle for Pop campaign, can be made through the Royal Rehab's community relations office on 9808 9268. Facilities for credit card or direct debit are available.



Anthony Abraham with his father Tony at Royal Rehabilitation, Ryde.

Picture:
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